

Leaders for Everyone's Tomorrow



YOUTH MENTAL HEALTH + LEADERSHIP PROGRAM

2024-2025

HIGHLIGHTS

- Youth-led programming & Youth-designed peer surveys
- Planned 5 events that **promote youth mental health & social connection.**
- Launched Peer Mentorship model led by SCI Interns.

LET's Woburn Kindness Day 2025

SCI LET Interns organized an intergenerational event with 15 senior and 45 youth participants.

"Young people are maturing and becoming caring humans. We will need them in the near future, as the world turns."

—Senior Participant, Woburn Kindness Day 2025

"LET enabled me to help so many people and gave me the skills to help many more in the future."

—Jacoby Altman, LET Intern 2023-2025



Scan the QR code to hear more from our LET interns!



socialcapitalinc.org

OVERVIEW

The LET program engages local high school students to **address peer mental health** through resources, community events, educational workshops, and a youth-managed mental health website (middlesex4mentalhealth.org).

2025 IMPACT NUMBERS

6 Woburn High Students (14 total high school student participants)

250 unique event participants

7 Community Events completed

596 Site Users of the M4MH website (38% increase from 2023-2024!)

About Social Capital Inc.

SCI works to increase social connection by developing leaders who cultivate thriving, inclusive communities where all people enjoy positive social, economic and health outcomes.

Contact: Leah Mulrenan, lmulrenan@socialcapitalinc.org



SCI Social Capital Inc.
Cultivating Connections

Leaders for Everyone's Tomorrow (LET)



Become a LET Sponsor Now to Support Teen Mental Health!

\$10,000 SCI YOUTH CHAMPION

- **All perks from the \$2,500 LET Visionary level.**
- **Business logo & website link on the SCI & LET websites for one year.**
- 4 Unique Sponsor Acknowledgements on SCI social media platforms (10,000+ monthly impressions)
- **Business logo on 2025-2026 LET apparel.**
- Exclusive press release announcing the sponsorship.

****2026 SCI Idealist Event (annual fundraiser) - Champion Sponsor recognition****

\$2,500 LET Visionary

- **Program Sponsor acknowledgment / logo on all LET communications for one year.**
- Host a table at two (2) SCI events.
- Business ad in twelve (12) SCI Community Connector monthly e-Newsletters (750 subscribers)
- 2 Unique Sponsor Acknowledgements on SCI social media platforms (10,000+ monthly impressions).

\$1,000 Community Builder

- Business logo featured on two (2) LET event marketing materials, both online and in print.
- Business ad in six (6) SCI Community Connector monthly e-Newsletters (750 subscribers)
- **Unique Sponsor Acknowledgement on SCI social media platforms (10,000+ monthly impressions).**
- Table at one (1) SCI event.

\$500 LET Supporter

- Business logo featured in one (1) LET event's marketing materials, both online and in print.
- **Business ad in three (3) SCI Community Connector monthly e-Newsletters (750 subscribers)**
- Group Sponsor Acknowledgement on SCI social media platforms (10,000+ monthly impressions).

To learn more about LET, please visit socialcapitalinc.org/let. For more information about sponsoring, contact Leah Mulrenan at lmulrenan@socialcapitalinc.org.



About SCI: SCI works to increase social connection by developing leaders who cultivate thriving, inclusive communities where all people enjoy positive social, economic and health outcomes. Learn more at socialcapitalinc.org.